

# Centre Against Sexual Violence (CASV) Inc. Newsletter



**Centre Against Sexual Violence Inc.**  
 P0 Box 243, Woodridge Qld 4114. [www.casv.org.au](http://www.casv.org.au) Tel: 07 3808 3299

The Centre Against Sexual Violence (CASV) Inc. has been extremely busy since our March Newsletter. CASV has contributed to the "Review of Queensland Health (QH) Response to Adult Victims of Sexual Assault" through a written submission. Two Staff Members and a Management Committee Member also attended a workshop conducted by KPMG Consultants, whom QH have contracted to do the review. The outcomes of this review should be available soon. CASV also wrote a submission to respond to the Southside District Health Services Plan.

CASV is excited to inform women and young women over the age of 12, that our new "Reading Area" is now finished. Feel free to access this area whether you are a client or just want to become more informed on Sexual Violence. CASV has a large range of books and articles on Sexual Violence and related topics. The "Reading Area" is open Mondays, Wednesdays, Thursdays and Fridays between 10.00am to 12.00pm and 2.00pm to 4.00pm and on Tuesdays between 2.00pm to 4.00pm.

October is Sexual Violence Awareness Month and this year CASV, in partnership with Murrigunyah, is holding a joint "Lighting of a Candle" (see pg 5). CASV also is holding several other events for **all women** in the Logan, Beenleigh and Beaudesert areas. These events are FREE so please RSVP early to ensure your place. There was such fantastic feedback from last years "Personal Safety & Empowerment Training" that CASV will be offering these workshops at Beaudesert and at CASV (see pages 6&7). Please contact the office if you require any further information.

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Joyce and Rachel participated in the annual Bravehearts Highway Thunder Run held on Sunday 12th September.

**CASV proudly displayed their new banners on the van which were kindly donated by Xavier from XKB Solutions.**



# Date Claimer

**October is Sexual Violence Awareness Month  
SVAM events are coming – please note in your diary**

*How can you be involved?*

*You can join with others at one of our events.*

- **Candle Lighting Ceremony - Monday 6th October, 10.30 am to noon at CASV, to remember survivors of sexual violence**
- **Self-Empowerment, Personal Safety & Self Defense workshops**
  - **CASV, Woodridge – 23<sup>rd</sup> & 30<sup>th</sup> October, 9.30am – 2.30pm**
  - **Beaudesert – 7<sup>th</sup> & 14<sup>th</sup> October, 9.30am – 2.30 pm**
- **Yoga Workshops at CASV on 3<sup>rd</sup> & 17<sup>th</sup> October, 9.30 - 11am**
- **Reclaim the Night March – Fri. 31st October – meet for nibbles at 4 pm, leave CASV by bus at 5 pm**

**We hope we will see you at some of our events.**

**AT: Centre Against Sexual Violence,  
Unit 5, 12-21 Mayes Avenue, LOGAN CENTRAL.**

**For Further Information phone us on: 3808 3299**

**Wear a teal ribbon for the month.**

**OCTOBER IS SEXUAL VIOLENCE AWARENESS MONTH**

**~~Sexual Violence~~**

**NOW IS THE TIME TO DRAW THE LINE**

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The Centre Against Sexual  
Violence (CASV) Inc. is holding a

# Banner Painting, Badge Making and Ribbon Cutting Workshop

in preparation for Sexual Violence  
Awareness Month Activities.



Come along and enjoy the food, fun, share with  
women and speak out against sexual violence.  
Meet other women and find out more about  
Sexual Violence Awareness Month  
and what you can do towards stopping Sexual  
Violence in the community. For all women and young  
women in the Logan, Beenleigh and Beaudesert region.



**When: Friday 26th September 2008**

**Time: 9.30am to 12.00pm**

**Where: CASV, Unit 5, 13-21**

**Mayes Ave, Logan Central**



For more information please contact CASV on  
07 3808 3299.

Please RSVP for catering purposes by  
Tuesday 23rd September 2008.



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The Centre Against Sexual Violence (CASV) Inc.  
are inviting you to participate in

# Yoga Workshops



**Come along and join the fun of Yoga.  
CASV is holding two Yoga workshops as a part of the  
activities for Sexual Violence Awareness Month 2008.  
For Women and Young Women in the Logan,  
Beenleigh & Beaudesert regions.**

**Where:** CASV, Unit 5, 13-21 Mayes Ave, Logan Central

**When:** Friday 3<sup>rd</sup> October 2008 and  
Friday 17<sup>th</sup> October 2008

**Time:** From 9:30 am to 11:00 am

As places are limited and for catering purposes, please RSVP by Friday 29.9.08  
For more information contact Joyce at CASV on (07) 3808 3299





# Centre Against Sexual Violence Inc.



*in partnership with*



**Murrigunyah**  
Aboriginal & Torres Strait Islanders  
Corporation for Women



*Invites you to*

## *'Lighting of a Candle'*

*for*

### *Sexual Violence Awareness Month 2008*

*Please join us for the 'Lighting of a Candle' to celebrate the strength and courage that it has taken people all over the world to survive the sexual violence that has been perpetrated against them.*

*When: 10.15am for 10.30am start  
Monday, 6th of October 2008*

*Where: The Centre Against Sexual Violence Inc.  
Unit 5, 13-21 Mayes Avenue Logan Central*

*RSVP: 3808 3299  
By Wednesday 1<sup>st</sup> October  
Light refreshments will be served.*

*Please show that you care and that you believe,  
**Sexual violence is wrong and has to stop!***

*People everywhere are invited to come together to acknowledge the survival and to break the secrecy. So please join with us to allow survivors and their supporters, to know that we are there for them.*

# Personal Safety & Empowerment Training

for Women in the Logan & Beenleigh Regions



The training is designed and delivered to educate women on how to develop personal safety, deeper awareness, and self protective skills so that strategies can be employed to:

- Enhance quality of life through fear management
- Empower self with greater confidence and core self esteem
- Minimise the likelihood of threat, aggressive confrontation and/or violence occurring
- Minimise the effects of aggression/violence should an incident occur

**Where:** Centre Against Sexual Violence  
Unit 5, 13-21 Mayes Ave, Woodridge

**When:** Thursdays 23<sup>rd</sup> & 30<sup>th</sup> October 2008

**Time:** 9:00am for a 9:30am start.  
Finishes at 2:30pm

**As places are limited, book early for your place.  
For catering purposes please RVPV by  
Friday 17<sup>th</sup> October 2008**

**Gold Coin donation appreciated**

For more information contact Joyce on (07) 3808 3299



Funded by the Logan City Council, Lady Mayoress's Fund

# Personal Safety & Empowerment Training

for Women in the Beaudesert region



The training is designed and delivered to educate women on how to develop personal safety, deeper awareness, and self protective skills so that strategies can be employed to:

- Enhance quality of life through fear management
- Empower self with greater confidence and core self esteem
- Minimise the likelihood of threat, aggressive confrontation and/or violence occurring
- Minimise the effects of aggression/violence should an incident occur

**Where:** Uniting Church Hall,  
Cnr Duckett & William Streets, Beaudesert

**When:** Tuesdays 7<sup>th</sup> & 14th October 2008

**Time:** From 9:00 am to start 9:30 am to 2:30 pm

As places are limited, book early for your place.  
For catering purposes please RVPV by  
Friday 3<sup>rd</sup> October 2008



*Funded by the Scenic Rim Regional Council*

Gold Coin donation  
appreciated.  
For more information  
contact Joyce on  
(07) 3808 3299

*Join us for*  
***Reclaim the Night March***  
*in Brisbane*  
***Friday 31<sup>st</sup> October 2008***

### What is Reclaim the Night?

Reclaim the Night (RTN) stems from the early 1970's when survivors of sexual violence and advocates of survivors came together to speak out publicly against sexual violence by holding rallies and demonstrations. RTN has been celebrated in Brisbane for many years. Women join across Australia and the world to peacefully demonstrate against the senseless violence that women have endured throughout history. Demand an end to Violence and Sexual Violence Now!

A free bus for all women in the Logan, Beenleigh and Beaudesert region who wish attend the march in the city will leave the Centre Against Sexual Violence, Unit 5 13-21 Mayes Avenue, Logan Central at 5pm sharp, 31st October. Come along at 4.15pm to be a part of the festivities at the Centre Against Sexual Violence before we depart. All participants need to be able to find transport to and from the Centre Against Sexual Violence. The bus will return around 9pm from the city.

**Bring along a snack and a thermos or you can buy something to eat and drink at the venue. The bus will depart from the city and head back to the Centre Against Sexual Violence, at approximately 9.00pm.**



**RSVP:** Phone us on 38083299  
no later than Wednesday  
29<sup>th</sup> October to book your  
place on the bus



## “Thursdays In Black” Badges

Are available at CASV.

Cost: Gold Coin Donation

Please contact the Centre on 07 3808 3299  
if you would purchase a badge.

**All donations to the Centre Against Sexual Violence Inc. over \$2.00 are tax deductible. Please contact the office if you wish to financially support CASV.**

# Centre Against Sexual Violence Inc.

Unit 5,13-21 Mayes Ave, Logan Central

PO Box 243, Woodridge Qld 4114

Tel: 07 3808 3299

Fax: 07 3808 9900

E-mail: [admin@casv.org.au](mailto:admin@casv.org.au)

[www.casv.org.au](http://www.casv.org.au)



### Business Hours

Monday	9:00am to 5:00pm
Tuesday	1:00pm to 5:00pm
Wednesday	9:00am to 5:00pm
Thursday	9:00am to 5:00pm
Friday	9:00am to 5:00pm

Counselling by appointment only.